



Cosmic Smashbooking — *with Tam*

SUPPLY LIST

For Smash Book:

- Composition Book: marble cover, 100-300 sheets, 9x7" (these are inexpensive books that you can get anywhere)
- 2 x 110 lb. card stock painted or collaged, scrap booking paper or brown paper bag (large enough to cover Cosmic Smash Book . It needs to be bigger than your composition book so at least 10x8")
- Masking tape if you need to combine the card stock into one page
- Glue stick or Elmers Glue
- Scissors
- 5 pieces of ribbon at least a yard long
- Trinkets, mementos you may want to put on
- Fragrance, may be your perfume, essential oil
- Something tasty. I use the wrapper off of candies, usually chocolate

For Cosmic Smash Book Pages:

You can and will use anything you already have on hand; you do not need to go out and buy anything. Due to the nature of this class, intentional creativity, I am a participant in the process as well, so I may use items that are not listed. The intention is to listen to your own spirit, however, knowing you do not need all of these items, I will likely be using the following as I guide the class and create my Smash Book Pages:

Mandatory:

- gesso - white, black, clear, or all of the above
- ballpoint pen
- pencil and eraser
- Acrylic marker pens, any will work, I use Sharpie
- Acrylic or watercolor or pastels paints (or all of them depending on what you want to use)
- Brushes but you can also use your fingers
- Magazines or Images from internet or any images you have.
- Anything else your Muse decides to use along the way. Something Muses have used in the past include:
 - Found objects on morning walks
 - Objects found in fortune cookies
 - Objects mysteriously given to you by friends
 - Things you have sitting around your home and studio that continue to call out to you, i.e. buttons, little pretty paper flows

Suggested:

- Craft paints - any colors
- Caran d'arche Neocolor II pastels - you can also use Portfolio
- Any sprays, Dylusionals, any colors
- Stencils, any you have and we may make some as well
- Stamps, any you have and we may make some as well
- Watercolor, any small set will work
- Scraps of paper, any paper that you are attracted to
- Colored pencils, I use Prismacolor, but any will do
- Gelli plate, I use this to make pages on deli paper
- Deli paper, dry waxed paper, in the States I find it at 'Smart and Final'
- Derwent, Inktense pencils, they stay on permanently
- Peerless Watercolors, they are purchased online and I make a palette out of them