# How to Reduce the High Costs of Prescriptions



### Did you know...

- In the U.S., over 4.69 billion prescriptions were filled in 2021 and this continues to increase each year
- 60% of all adults in the U.S. are taking prescriptions
- 125,000 deaths occur each year because of medicines not being taken correctly

#### **Prescription Safety Tips**

- Take medicines as prescribed
- Store your medications properly and check expiration dates
- Consult with your health care provider about potential medication interactions
- Compile a medication list that is accessible to important family, friends, and healthcare professionals

### Tips to Reduce RX costs

- Generic vs Brand consult with healthcare provider
- Review current RX coverage vs other available plans
- Utilize a discount RX card (ask for app)
- Contact Social Security office for possible subsidies

• State pharmaceutical assistance programs these programs provide financial assistance to help with the costs of prescriptions (both generic and brand names). Applications available to see if you qualify

# If you would like to learn more, give me a call

Name:

Number:

Email:

Website: